

Coercive measures

explained to patients and their significant others

State of the art psychiatric care delivered with respect and safety

The application of coercive measures must be evaluated annually. In addition to being noted in the file of each patient subject to them, they are documented in a registry whose statistics are monitored and analyzed in order to improve practices.

Your clinical team is available to answer your questions.

For any problematic situation, you can address your concerns to the unit manager.

In the event of dissatisfaction, the local service quality and complaints commissioner is available at extension 1174.

The
documentation

What happens after the use of coercive measures?

When a coercive measure is applied while I am hospitalized at the Institute, it must be noted in detail in **my medical file**. This includes a description of the measures used and the length of time they were applied, as well as the behavior that led to the introduction or maintenance of the measure.

Emergency measures are **immediately** followed up by my clinical team. I will be seen as soon as my condition permits, to review the situation.

All of these actions are intended to prevent a recurrence of the situation, to maintain a trusting therapeutic relationship between me and my clinical team, and to ensure continuity of care.

The review with the patient after the use of an unplanned coercive measure

Reviewing the situation will enable me to:

- Focus on the emotions felt and normalize them;
- Understand how I experienced the situation and what triggered it;
- Discuss what the team and I could do differently in the same situation.

Following this review, a **progress note** is written. This is based on the framework established by the proactive plan and aims, among other objectives, to describe the triggers, warning signs and alternative measures I will identify.

Continuity in my care

I will meet with my reference person every two weeks. Afterwards, a **biweekly note** will be entered in my file.

This meeting allows me to identify situations of emotional tension for which **alternative measures have been effective**.

It also helps me make the links between everyday events and my rehabilitation process.

The aim of my clinical team is to create a partnership with me and support me during my rehabilitation and recovery process by building on my strengths.

